# On The... Safeside

April 2006

## THANK YOU... WHATS NEW??



By Jim Peterson

I want to thank all of you for your patience with us in the office as we work through the process of replacing your hard copy Safety Manuals with a CD-ROM (we are now 80% done). The CD-ROM will contain all the essential elements of your current Safety Manual. As we convert your Safety Manual/Safety Programs to a CD-ROM we will change the format, but more time consuming than that is time spent improving and improving the content to make your programs not just more user

friendly but also more inclusive of the information that is important to a great employee safety program.

#### **NEW WEB SITE;**

We also will be introducing our improved web site in the near future. The site location will remain the same (<a href="www.safeassure.com">www.safeassure.com</a>), however the revised site will be more informative, easier to navigate and, I believe will be fun as well.

## NEW SAFEASSURE INFORMATIONAL CD;

Our CD will be available to any business/entity that is interested in learning more about OSHA requirements and about SafeAssure Consultants, Inc. The CD explains who OSHA is, what OSHA expects and how SafeAssure Consultants, Inc. can and does work with employers to fulfill the many and diverse OSHA requirements and expectations.

#### SAFESIDE FEATURES

1

- What's New?
- The 3 C's

2

- The Bird Flu
- New Arrivals

<u>3</u>

- The Meth Epidemic
- On the Lighter Side

I truly hope you will request a free CD from us. Some of you may wish to show others how SafeAssure works with you in addressing and meeting your OSHA issues/needs. Or, if you are searching for a program feature/topic for

(Continued on page 3)

## Cooperation, Coordination, Collaboration....

#### By Melanie Bauman

First I want to thank everyone for the warm reception I have been receiving! I am truly enjoying my position here at SafeAssure and getting to "know" each of you along the way. As I predicted in my last article, there have been some growing pains that we are working through. There have been some sticky times along the way but I think many of you agree that we are definitely making strides in our attempt to be more attainable to you.

Second, I want to thank you for your patience with this process. Working with a packed schedule and a snowy winter with a TON of reschedules added additional hurdles. That also meant that the ones that have the most answers, Chad and Wade, are out in the field



and not always able to address the questions that you and I have. Please don't hesitate to send me a friendly reminder if you are waiting for something from us. I usually try to address everything when I am in, if only to let you know that I got it and will address it as soon as I can get the answer you are looking for. There is so much to learn regarding OSHA,

that there are times that I just don't feel qualified to address an item without getting an OK from someone first. Again, if there is something urgent that you need, please let me know and I will make an extra effort to get your questions addressed.

Finally, we are currently working very hard on getting your updated Safety Programs out to you. This process has been quite a bit more involved than we first anticipated. Making sure that everything is streamlined and compliant has presented a bit of a challenge. I know many of you are frustrated that you still have not received yours. We just feel it is better business to send something out late than send it out incorrect or non-compliant. We hope that you can bear with us a bit longer as we finalize this project.

# The BIRD FLU "should we be worried"? By Chad Peterson BIRD FLU "should we be worried"?

It is all over the news and newspapers...you hear something about it everyday. We have also had many questions regarding this topic during our trainings. So what do I think about the latest hot-topic of the Bird Flu? I have decided to keep my options open and look at it from a few different viewpoints.

#### MAYBE WE SHOULD BE WORRIED

In the current outbreaks in Asia and Europe more than half of those infected with the bird flu (formally known as the avian flu) have died. Most cases have occurred in previously healthy children and young adults. Studies done in laboratories suggest that some of the prescription medicines approved for current flu viruses should work in treating avian influenza. However, even the drugs that initially control the virus may only be a temporary solution. Influenza viruses can become resistant to these drugs, so these medications may not



always work. Since these viruses do not commonly infect humans, there is little or no immune protection against them.

MAYBE WE SHOULDN'T WORRY. Most cases of avian influenza infection in humans have resulted from contact with infected poultry (chickens, ducks, and turkeys) or surfaces contaminated with secretion/ excretions from infected birds. The spread of another has been reported very rarely if at all (hard to prove), and transmission has not been observed to continue beyond one per-

Are the statistics accurate? It is possible that the only cases being reported are the severely ill people. How many people have caught the

virus and only had mild symptoms. Maybe their immune system took care of it.

#### ARE YOU WORRIED OR NOT?

No one can predict when or if a pandemic might occur. However, experts from around the world are watching the situation in Asia and Europe very closely and are preparing for the possibility that the virus may begin to spread more easily and widely from person to person.



2006 **SPRING MAINTENANCE EXPO** 

ST. CLOUD



SafeAssure Consultants, Inc. WELCOMES New Clients:



**OFFICE MAX—Maple Grove, MN** 



## <u> 1ethamphetamine</u>: An Epidemic

By Wade Thonvold

We made it through another Minnesota Winter and another series of ANNUAL Training. During these trainings of late, many of you have expressed interest in what you can be doing regarding the surge in clandestine Meth labs. Because of this we have created a new, more in depth training on Meth Lab awareness that some of you may have already taken part in. In the meantime, I thought you might be interested in a quick overview.

As the United States continues to fight its never ending battle on drugs, this particular substance is becoming a growing concern since it is produced and used throughout the nation. This substance has been discovered in hotel and motel rooms, barns, private homes and apartments, fields, and vehicles. It is a man-made amphetamine produced and sold illegally in the form of pills, powder, or chunks. Each pound of Meth that is produced following the cooking process



leaves a minimum of 5-7 pounds of chemical waste; therefore, safe cleanup near lab settings DOES NOT EXIST!

A post-cleanup assessment should be made by a health professional with training in clandestine • Waste in Trash, Pits or Piles, Such as: Packaglaboratory cleanup, in consultation with the contractor hired to perform the decontamination work and with input from the law or drug enforcement agency involved. If you encounter a

live lab or remnants left behind, please contact the State Duty Officer. Remember to always use universal precautions, as the cooker might be near by and your

safety should be your biggest concern! Below are some clues that may indicate illegal production or sales of this drug:

- Access Denied to Landlords, Neighbors, and Other Visitors
- Covering or Blacking-Out of Windows
- Unusual Traffic and Activities, Such as Excessive Night Traffic or Purchases Taking Place
- Burn Pits, Stained Soil or Dead Vegetation **Indicating Dumping of Chemicals or Waste**
- ing from OTC Ephedrine or Pseudo ephedrine **Cold Pills**
- Empty Containers From: Antifreeze, White Gas, Ether, Starting Fluids, Freon, Lye or

## On the Lighter Side.





the grinder. You can turn it on now.

- It is impossible to lick your elbow.
- A crocodile can't stick its tongue out.
- A shrimp's heart is in their head.
- When you sneeze, your heart stops for a millisecond.

### **MELDOKU**

(sudoku created by Mel)

Rule: Fill in the grid so that every row, every column and every

9		4						
	5		9				6	8
	6				1			4
	1	7				5		2
	4		5		2			
5				1			4	
	2	3	4			8	7	
4	9	5	·			1		
		6					9	

#### (Continued from page 1)

suggest you view this CD and perhaps consider they are available. showing the CD as the program portion of your association or trade meeting. I think that it would interesting and very informative. Call Melanie at we look forward to seeing familiar faces as well

1-800-920-SAFE for a copy of this free CD. She as meeting new people. Melanie had the above one of your trade/association meetings I might will put you on a list and get it to you as soon as mentioned CD at the show. A lot of people

generate a bit of discussion and answer many SafeAssure once again had a booth at the "Spring pictures that were taken at the Expo. Next time common questions concerning OSHA law and Maintenance Expo" in St. Cloud on April 11th the many requirements. The CD is fast moving, and 12th. This is one of our favorite shows and well!

stopped by our booth and Melanie handed out quite a number of CDs as well as brochures, and of course candy. We have included a couple of we hope to get a few pictures with our clients as

Perhaps you can tell, we are very excited and are

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## Most frequently cited standards, 2005

Standard	Description	Frequency	
Minnesota Statutes §182.653 subd. 8	A Workplace Accident and Injury Reduction (AWAIR) Program	183	
1910.147©(4)(i)	Development and use of lockout/tagout procedures	161	
<u>1910.151©</u>	Emergency eyewash/shower facilities	139	
Minnesota Rules <u>5206.0700</u> subp. 1(B)	Employee Right-To-Know written program	134	
Minnesota Rules <u>5206.0700</u> subp. 1(G)	Employee Right-To-Know training frequency	128	
M.S. <u>§182.653</u> subd. 2	General duty clause—unsafe working condition	124	
Minnesota Rules <u>5206.0700</u> subp. 1	Overall Employee Right-To-Know training program	109	
1910.147©(6)(i)	Periodic inspections of energy control procedures (lockout/tagout)	104	
<u>1910.212(a)(1)</u>	Machine guarding—general requirements	104	
1910.147©(7)(i)	Energy control program training	103	
Minn. Rules <u>5205.0116</u> subp 1	Forklifts—employee exposure, monitoring for carbon monoxide	96	
1910.212(a)(3)(ii)	Point of operation guarding of machines	94	
1926.451(g)(1)	Fall protection on scaffolds above 10 feet	93	
1926.501(b)(13)	Fall protection in residential construction	90	
1910.305(d)	Electrical hazards involving switchboards and panelboards	85	
1926.501(b)(1)	Fall protection in construction—general requirements	83	
1910.134(a)(2)	Respiratory protection program	80	
1910.23©(1)	Guardrails for open-sided floors	79	
1910.242(b)	Compressed air used for cleaning	73	